ESCAPE COVID-19

Help the kid choose the healthy foods route to boost his immunity to fight COVID-19.
Maintaining a healthy lifestyle and consuming healthy balanced diets can help you boost your immune system against coronavirus.

For further information about the best ways for boosting your immunity, check “Boosting Immunity to Fight COVID-19”. 
 Until the Stars Burn Out!

Once upon a time, far, far away in the sky, there was a star named “Sopdet” that floated in space and shone amidst the celestial bodies. She was beautiful and a true hard worker, always shining on time at night. Despite the great distance, people never stopped following her daily and singing:

Twinkle, twinkle, little star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
“Sopdet” thought she was distinguished among the other stars, whom she thought were jealous of her. In reality, these stars were also beautiful and shone on time as well. One day, at the time they usually showed up in our sky, “Sopdet” stood next to her friends in silence. “It is unusual for you to join us without saying hi,” “Bastet” wondered. “Why should I even talk to you?” “Sopdet” answered, embarrassing “Bastet”. Attempting to salvage the situation, “Horus” whispered to “Sopdet”: “We have been friends for millions of years and you have never hurt anyone.” “Friends?! I am not your friend; I am the best!” “Sopdet” denounced. Once she uttered these words, an awkward silence shrouded the sky as the words of the old companion sunk in.

The remaining hours of the night went by slowly and heavily for the stars, who were diminished by “Sopdet” bright light all night long. As the night passed, the stars disappeared from our sky and appealed to the fairy “Isis”, who reprimanded “Sopdet”. “I wanted them to realize the truth, and with your help I can prove my words,” “Sopdet” said. “How?” “Isis” asked. “Send me to Earth,” “Sopdet” replied. “Isis” wondered, saying: “But the stars’ place is the sky!” “Then why do asteroids go to the Earth and become shooting stars?” “Sopdet” questioned.
“People on Earth would not wait to see the arrival of their beloved “Sopdet”? Make me an asteroid, and trust me, humans will build me a palace on top of the Great Pyramid of Giza,” she added.

“Isis” advised her not to haste and reconsider her wish, but she could not ward her off. “Isis” thought she could teach “Sopdet” a lesson, saying “Whenever you want to return, just think about apologizing to your friends.” “Sopdet” laughed and said: “That will never happen”. The fairy uttered her magic words: “Lyrids, Orionides, Leonids,…” and immediately, “Sopdet” saw many people around gawking at her; she was overjoyed. She tried to welcome them by making any gesture, but she could not. The fairy turned her into a shooting star as she had asked, so when she landed on Earth’s surface, she became a motionless meteorite!

“Sopdet” saw weird looks in the people’s eyes; they did not smile or sing as usual, for their happiness had turned into fear and anger. Suddenly, she saw a bright flash close to her. They were journalists, who broadcasted: “A meteorite weighing more than two kilograms landed near the Giza Pyramids ancient area. The collision caused a crater without injuries, but caused panic among citizens.”
At that moment, “Sopdet” knew that Earth is not her place. She remembered her happy moments with her friends and how the people on Earth used to love her. She felt nostalgic, and wished to return to the sky and apologize to her friends. Instantly, she became surrounded by the warmth of her friends.

The fairy told them: “The stars are scattered in the sky and they twinkle, but their distance from Earth affects their brightness. The Sun is the brightest star and the nearest to Earth, but if it approaches, people will perish.” “The stars are special for their shape in the sky. Although the sunlight blocks other stars in the bright day, people enjoy watching their various faint light in the dark night.”

“Sopdet” realized her mistake and apologized to her friends, saying: “I owe you all an apology; from now on, I will never take any adventure without you until the stars burn out!”

*All the character names are inspired by the Ancient Egyptian religion, but they were subject to the author’s imagination and vision, namely:
  - “Sopdet” is the Ancient Egyptian name of the sky’s brightest star Sirius; only the Sun, the Moon, and some planets surpass its brightness.
  - “Bastet” was associated with fun, beauty, affection, and deception.
  - “Horus” is the symbol of idealism, strength, justice, and order.
  - “Iss” was believed to have an important position in the sky; she was also a great magician, whose power transcended that of all other deities.
* **“Lyrids, Orionides, Leonids” are meteor shower names.**
MYSTERY MESSAGE

Use the letter-number secret code to decode the mystery messages below and help our friends:

1 = A  2 = B  3 = C  4 = D  5 = E  6 = F  7 = G  8 = H  9 = I
10 = J  11 = K  12 = L  13 = M  14 = N  15 = O  16 = P  17 = Q  18 = R
19 = S  20 = T  21 = U  22 = V  23 = W  24 = X  25 = Y  26 = Z

Reduce, Reuse, and Recycle to protect planet Earth!